

# RI Forum 25.11.20

Updates and some early findings re. mental health  
and the impact of lockdown .

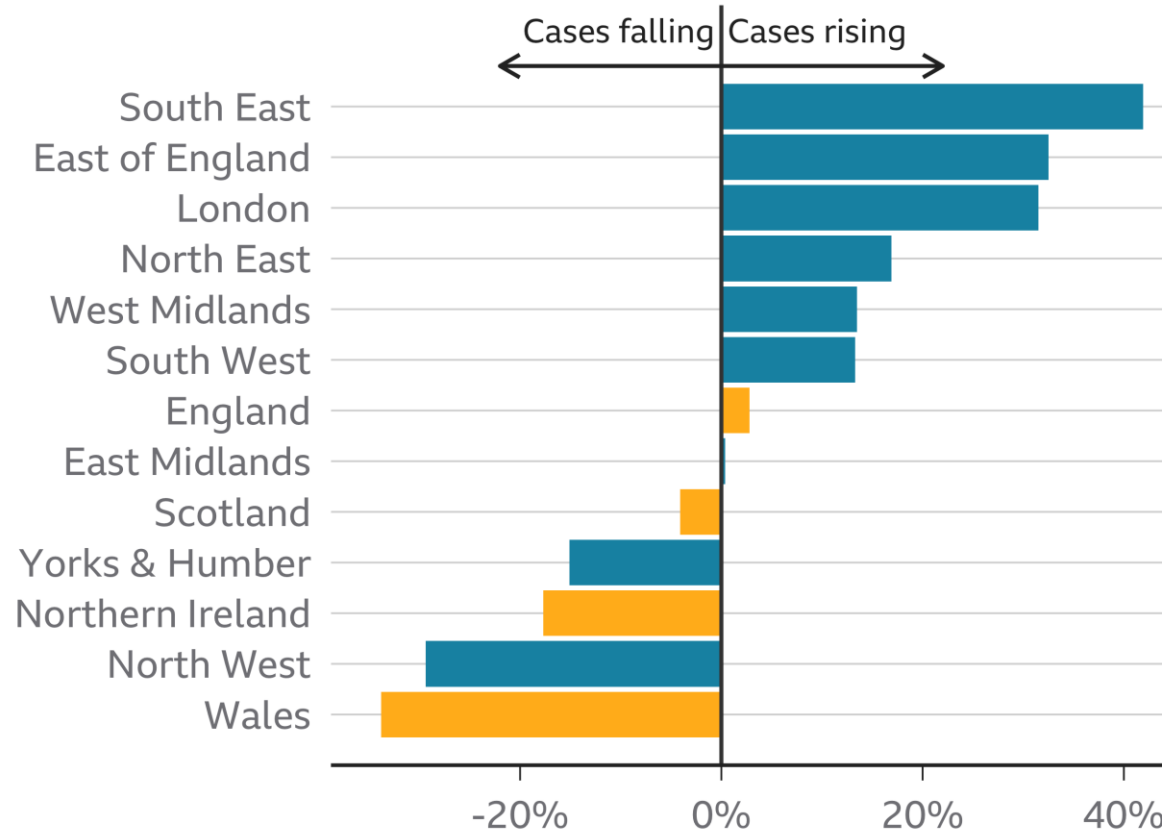


# Updates- pandemic

- <https://www.bbc.co.uk/news/education-55057126>
- Education secretary 'unlawfully scrapped children's rights'
- Hannah Richardson (BBC)
- Tiers to be re-introduced – check the tier your area is going in to and make sure that you have a clear cross tier protocol in place for children , families , staff , professionals etc. Information due out 26.11.20 approx.
- Safeguarding policies- keep updated with changes if necessary.
- R rate remains variable – UK 20.11.20 = 1-1.1 with wide regional / district variations.
- SW rate 20.11.20=1-1.3 (overall a two week lag factor is built in- so the impact of this lock down should start to become more apparent from Friday 27.11.20)

## Case numbers falling outside of England

Change in weekly cases compared to two weeks before



Comparison of seven-day rolling average figure from 17 Nov and 3 Nov  
Four UK nations highlighted orange. English regions are blue

Source: gov.uk, updated 22 November

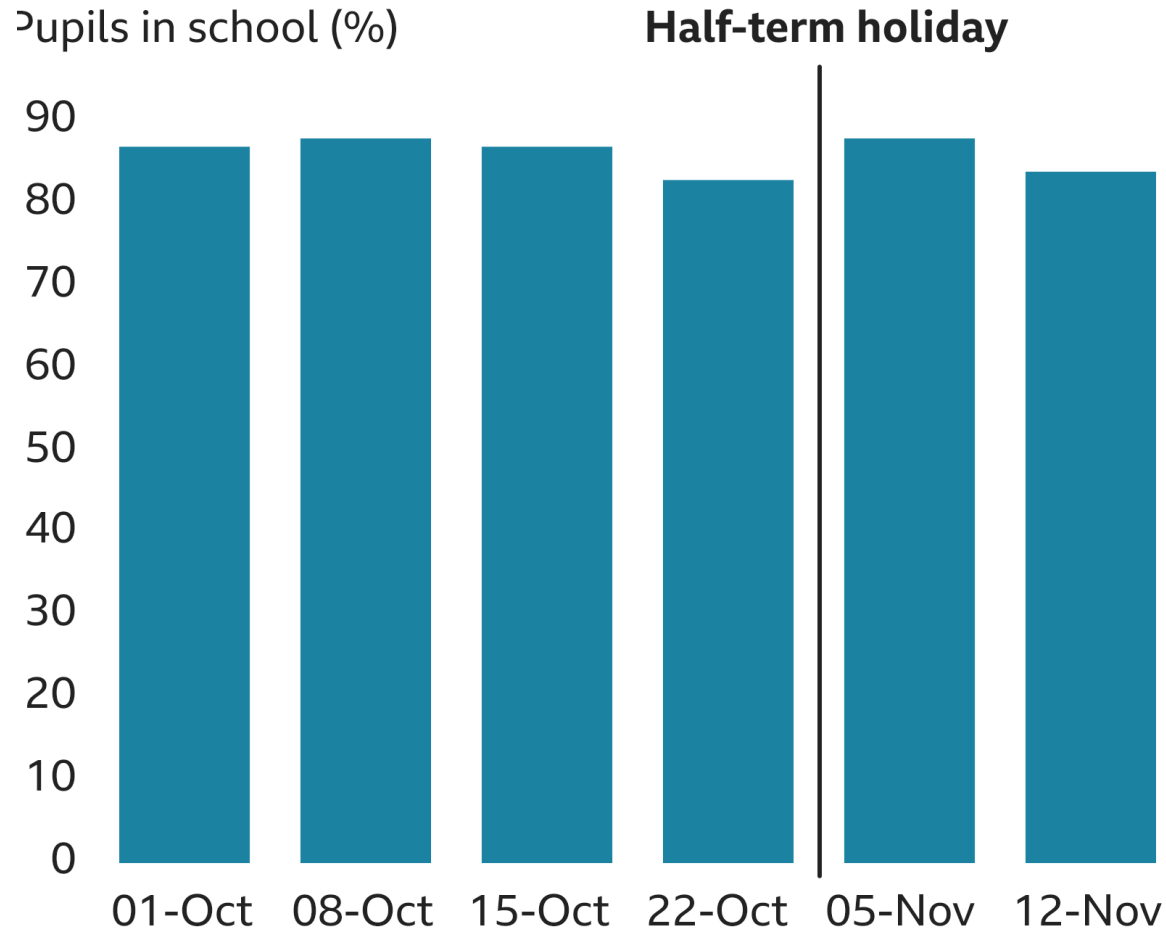
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Cases showing how the N/S divide is shifting as thought. Useful very localized interactive map: <https://coronavirus.data.gov.uk/details/interactive-map>

# education

- Still being heavily impacted with many schools having to adopt a hybrid approach trying to teach in class and on line at the same time. On line offer is typically only 5 hours per day.
- Ofsted visits remote at present.

## State secondary school attendance



Source: Department for Education

Impact of Covid 19 on school attendance . 22% learners impacted – up from 17%. Largely for self isolation / contact . Thoughts at present around moving to a rota scheme in some areas as outlined in the tiers within the local decision making guidance.

# Looking ahead-vaccination and Christmas

- Oxford / Astra Zenica applying to the UK regulator for approval
- Pfizer applying in the US to the FDA ,at this point
- Moderna- submitting to the FDA(Food and Drug Administration) within the next “few “ weeks .
- Roll out planning started with BMA , NHS , LA’s and the armed forces re. the logistics.
- Unlikely you will get a choice of which vaccine you receive.
- New safeguarding dynamic for children’s services especially those with disabled children , children with medical needs etc. Issues such as managing the combination of a vaccinated and non vaccinated community, parental consent etc will need to be considered.
- Watch this space re. Christmas .....

# Early findings on the impact on mental health for young people from lockdown:-

- Other countries have already designed and rolled out national approaches to mental health in terms of recovery from pandemic impacts – notably New Zealand and Germany
- Research is developing and at this early stage mainly focussing on problems which are emerging and early approaches to solutions , support , change and resource.
- Mental Health.org notes that for young people impacts come from
  - the perceived threat of the virus, confusion, disruption, and isolation imposed by this type of health-related crisis. Other studies have found that levels of distress were higher in young adults as a potential consequence of increased consumption of social media for example

# Early findings on the impact on mental health for young people from lockdown:-

- Increased anxiety within the BAME community
- Young carers report being “overwhelmed” and experiencing high levels of stress
- Loneliness – 50% 16-24 year olds experience the newly defined “lockdown loneliness”
- The co- impact of the pandemic on carers , families feeds into young peoples worries , especially when the parent is a key worker
- Carers , families report levels of fatigue(emotional and physical) , anxiety. Some evidence of increase in alcohol consumption as a coping mechanism.
- Worries about education
- Bereavement and loss