

OVERVIEW

The 'Care' journey brings with it its own world of language that has the capacity to empower, inspire and create positive change or, label, alienate and discriminate.

When we work in a system where everything is written and recorded, it becomes part of our duty of care to understand that the words we use and how we use them matter, and that they have a direct impact on the children and young people we support.

From report writing and recordings, to what we say and how we say it, there is a lasting impact for care experienced children and young people.

Am I hard to engage or are you struggling to connect?

There are a few elements to this training, each explored through a lived experience perspective:

- 1. Examples and the impact of stereotypes, stigma and discrimination.
- 2. Recording and reports; a 'receiving files' journey.
- 3. Language in practice.

OUTCOMES

Attendees will leave with:

- 1. A lived experience insight into the impact of language through the child's eyes; including stereotypes and stigma.
- 2. An understanding of how language contributes to identity development and the impact that we can and do have in supporting healthy identity development.
- 3. A lived experience journey of receiving files, connecting with the emotional impact; leading to acknowledgements of appropriate reporting.
- 4. A feeling of connectedness to the language we use and the impact that words can have on ourselves, children, young people and systems.
- 5. Resources and tools to support continued learning development and implement learning.