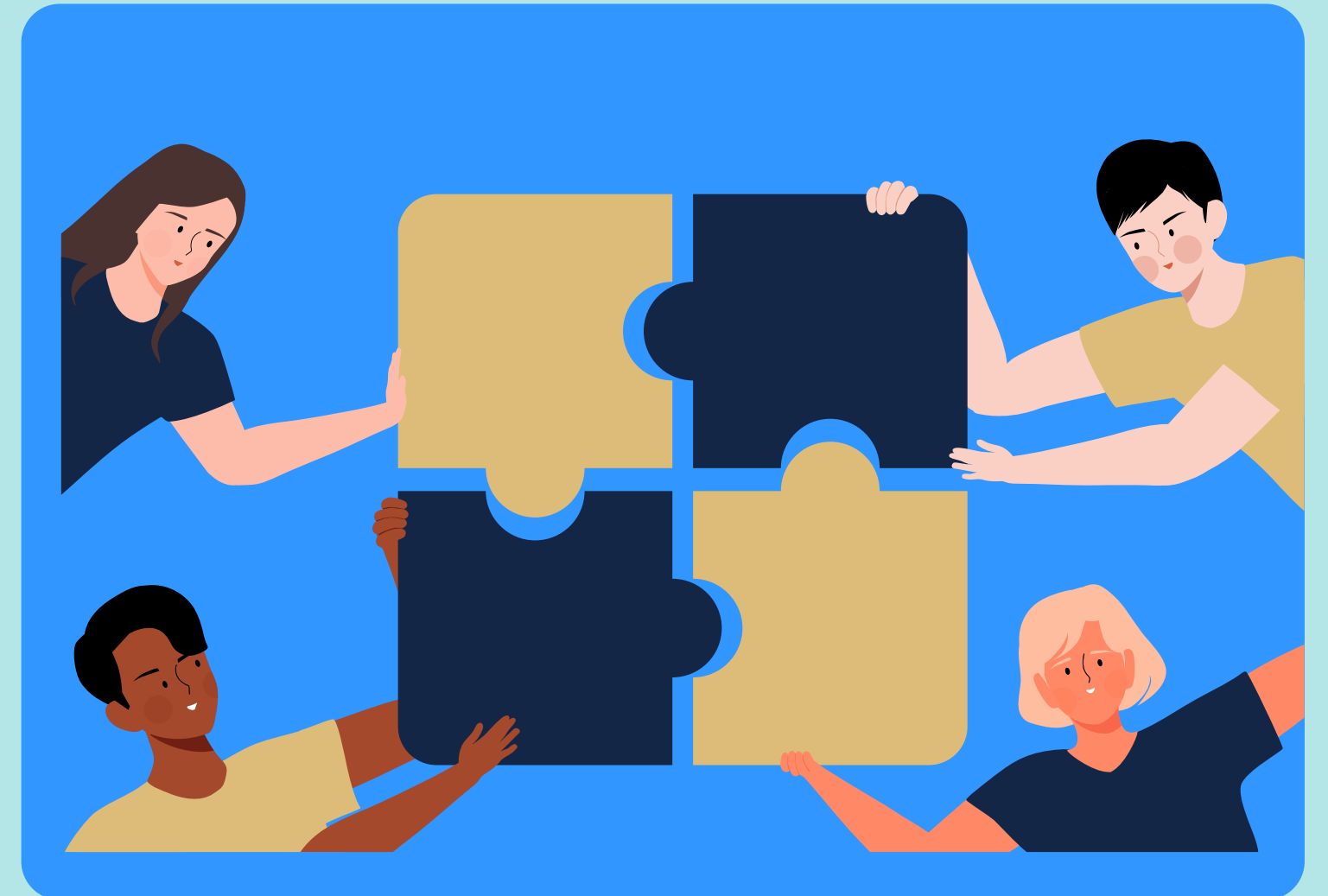


# Independence and VOICE

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# The Transitions Journey

**Ages 16+**

**Preparing for adulthood**

**Pathway Planning**

**A focus on "leaving" care.**

# What does independence mean to us?

**How do we ensure the young persons voice is central to these preparations/this journey?**

# Independent Living Skills

**The practical elements: finances; employment/education;  
housing...**

**How can we hear the young person's voice in each area?**



# Independent Living Skills

**The practical elements: finances; employment/education; housing...**

**How can we hear the young person's voice in each area?**

**Finances: understanding their starting point, goals, aims**

**Employment/Education: providing options; case studies, letting them know what's out there and using their strengths to hone in areas of interest**

**Housing: knowing their rights, what they are entitled to, what different routes look like...**

**SOCIAL and EMOTIONAL skill development**



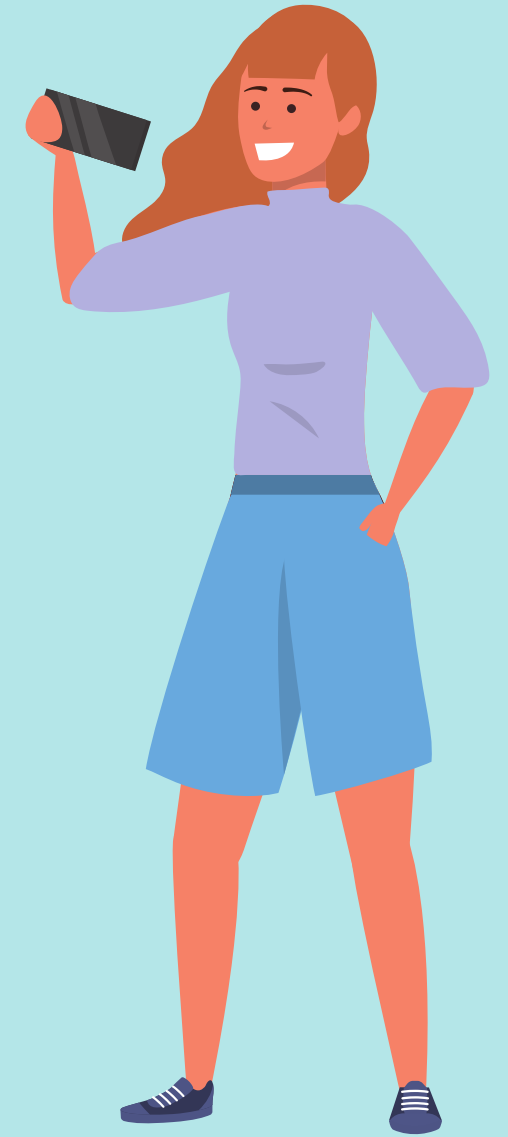
**Independence: What does this look like?**

**How do we talk about successful transitions?**

# Independence

## What does this look like?

- Young people expected to be self-sufficient
- Relying on ones-self
- Links to perceptions of what a successful transition looks like





# Social and Emotional Skill Development



Social awareness:

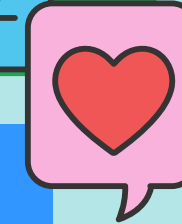
Self-Management:

Self-awareness:

Responsible decision-making

Relationship skills:

# Social and Emotional Skill Development



## Social awareness:

Perspective-taking, empathy, appreciating diversity, respect for others

## Self-Management:

Impulse control, stress management, self-discipline, self-motivation, goal-setting, organizational skills

## Self-awareness:

Identifying emotions, accurate self-perception, recognising strengths, self-confidence, self-efficacy

## Responsible decision-making

Identifying problems, analysing situations, solving problems, evaluating, reflecting and ethical responsibility

## Relationship skills:

Communication, social engagement, relationship-building, teamwork

**No Wrong  
Door**

**The Guarantor  
Scheme**

**Stay Put**

**Interdependence  
Initiatives**

**Specific  
Policies;  
Residential  
Care**

**Next Steps**

**Mockingbird**