#### dialogue

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Residential Care Bulletin March 2024

**dialogue** offers lots of support to the residential sector, we regularly review the latest research and publications, and offer a huge variety of training courses to support you and your teams.

In this edition:

- Ofsted Update Children moving on from secure provision
- FREE bite-size training session on serious incident reporting 9.30-10.30am on 12th March
- Home Office Announcement Ban on disposable vapes
- Excellent training for your independent person, safeguarding lead, RI, NI, RM and staff with many exciting new courses now live to book!
- **NSPCC Helpline** raising awareness
- Youth provision and life outcomes: a study of longitudinal research

- March training highlight Harmful Sexual Behaviours
- Children's Commissioner reflections from Children's Mental Health Week
- Be part of the residential child care community reminders for members and how to join



#### The importance of good planning for children moving on from the secure estate

Proper planning for children moving on from secure provision is vital. This should start the moment a child arrives at a secure provision. It requires multi-disciplinary and multiagency collaboration. And the child's views and wishes must be central to the plan. The best providers work effectively to make this happen.

We'll be reviewing this publication is our upcoming forums, but you can also read Ofsted's latest publication below.

read Ofsted blog



## FREE - serious incident reporting bite size training 9.30-10.30am on 12th March 2024

There's a duty on providers to notify Ofsted of serious incidents, but when is serious "serious"?

Our bite-size session explores the regulation, draws on experience and additional clarifications, and follows the process through from incident to evidencing the learning required for good practice in difficult times.

register for your FREE place



# Disposable vapes banned to protect children's health

The government has announced plans for disposable vapes to be banned across the UK. To protect children's health, the government also plans to restrict vape flavours, introduce plain packaging and change how vapes are displayed in shops to make them less appealing to children. New fines will also be introduced in England and Wales to crackdown on underage sales.

Disposable vapes are said to be the key driver behind the alarming increase in youth vaping. The Children's Commissioner for England said, "children as young as 12 ... told me that vaping was normalised among their peers - even on school premises". There is also a rise in unlawful high capacity vapes and using vapes for drug misuse – look for the CE mark on the device as one indicator to check they're legal.

**Our training course on smoking and vaping cessation** provides staff with evidence based knowledge and skills to make a difference to young people and demonstrate you are putting their health outcomes front and centre. Managers and staff will have the opportunity to bring and reflect on their policies, organisational strategy and performance around smoking and vaping cessation.

> Vaping ban press release Read more and booking training

## **Upcoming Training Courses**

Face to face training, virtual, at your setting or in our venue, we're ready to support you and your team.

Here's some of our upcoming courses, to see a full range of courses and memberships, please chose from the relevant options below:

> training for Residential Care training for Supported Accommodation Providers

Supervised Contact with Families (on 13th March) Reg32 Quality Review (on 26th March) RI training (starting on 9th April) (Sup Accom) Managing the Inspection Process (on 16th April) Child Exploitation (on 17th April) Safeguarding Supervision (starting on 17th April) Reg45 Quality Review (on 19th April) MCA and LPS (on 25th April) Managing Allegations (starting on 23rd April) Harmful Sexual Behaviours (starting on 29th April) Smoking & Vaping Cessation (starting on 2nd May) Dynamic Risk (starting on 3rd May) (Children's Homes) Managing the Inspection Process (on 14th May) Regulation 44 and Standard 3 (starting on 3rd June) NI training (starting on 4th June) Safeguarding Lead (starting on 10th June) Young People Going Missing (on 12th June) Outstanding Care Children with disabilities (starting 17th June) Avoiding Medication Errors (starting on 4th July)

#### **NSPCC Helpline- raising awareness**

Alongside the Home Office, the NSPCC has launched a campaign to raise awareness of its Helpline and encourage adults to report if they have any concerns that a child may be at risk of or is being sexually abused, even if they're uncertain about what may be going on.

They have created two new films to support the campaign, one for the general public and another for professionals.

The NSPCC also runs a **<u>whistleblowing helpline</u>** for those with child protection concerns within their organisation.

NSPCC new campaign launch



## Youth provision and life outcomes: a study of longitudinal research

There is a strong association between both short term and long term outcomes with participation in youth groups and activities... these are a hugely valuable resource in the development of strengths, opportunities, peer relationships and resilience for more vulnerable young people. What arrangements do we have in place to support their access to these opportunities?

Read the full report here



## Introduction to Harmful Sexual Behaviours Training

Young people in care have a greater need for protection, but may also have had experiences which create the conditions for them to pose a risk to others. This course examines the real dilemmas in working with young people, how to begin to identify risk, and keeps a strong focus on the rights to a healthy childhood for all the young people involved.

Our HSB training aims to:

- Improve professionals' practical knowledge of Harmful Sexual Behaviours (HSB) and increase confidence in dealing with HSB.
- **Distinguish** between developmentally typical sexual behaviour and sexual behaviour that is inappropriate, problematic, or abusive and know when and what action and intervention is required.
- **Demonstrate an understanding** of the prevalence of Harmful Sexual Behaviours (HSB)
- Highlight the increasing role of technology in HSB.

- Better understanding and response to the complexities of Technology-Assisted Child Sexual Abuse (TACSA)
- Show the impact professional, personal and unconscious biases have when responding to HSB.
- Recognise and identify the impact of HSB on all people around the child including families and practitioners.
- Develop confidence in responding to young people exhibiting HSB including how we accurately document and record incidents.
- By using the assessment tools available, create and understand a safety and intervention plan.

## The current course is suitable for those working in Children's Homes and Supported Accommodation.

This full-day course, delivered via zoom, costs £160+vat, reduced to £120+vat for members.

Our next training date, being delivered virtually, is running 9.30am-3.30pm on 29th April 2024 You can read full details and make a booking for this date by clicking on the button below or by contacting one of our team at <u>admin@dialogueltd.co.uk</u>

Read more and book training



#### **Reflections from Children's Mental** Health Week

The theme from this year's Children's Mental Health Week in February was 'My Voice Matters'. My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves.

We've included several links to blogs below from the

Children's Commissioner that convey powerful messages from care leavers themselves and the voices of young people facing mental health concerns in today's challenging world.

> Self-care: A care leavers journey Why listening to children really matters Making sure children's voices matter

#### Developing specialisms communities of interest

As the communities continue to grow, we wanted to remind current members that these meetings are contain essential information to support your statements of purpose, improve the care of the young people you support AND lighten to the load of the Registered Manager. If you miss a meeting you can also retrieve the resources from the archive in the members' areas, but the best way to get the most out of your memberships is to ensure the dates are saved in your diaries and you attend on the day.

Leading residential care can be an isolating experience and in truth is a job best shared. We've been working with leaders across the sector to create communities that regularly meet in line to discuss the issues that matter to you young people. By identifying leads for key areas, such as online safety, managers share the load with senior team members, then by connecting your team with similar leads in other homes we become less insular in practice and all learn how to improve.

The communities meet quarterly with 2-3 hours of CPD including updates on recent research, speakers, a surgery and sharing of great practice.

As always we've found ways to keep the costs very low and the more you engage the less you pay - joining one

community is  $\pounds$ 99+vat for a whole year, additional groups at  $\pounds$ 79+vat each or we now have a **'whole home offer' paying** just  $\pounds$ 399+vat annually, to have a staff member (can be different members for each community) from your home at each of the NOW SEVEN communities.

TRY FOR FREE: We'll not send your first invoice until after your first session. If it's not for you, just let us know...

Click now to express interest and find out more.

whole home offer for all communities

Trauma Information Residential Leads - 6th March

Children with disabilities - 18th March

Online Safety - 26th March

Residential Leadership Group - 16th April

Participation Leads - 21st April

Exploitation Leads - 8th May

Safer Recruitment - 28th May

#### Want training on something else?

For a full list of training topics to support the residential sector, please visit www.dialogueltd.co.uk/residential

We also design bespoke courses to meet the needs of you and your staff. Do get in touch to discuss.

Looking forward to hearing from you.

Jen Bean 01803 493030 Did this email end up in your junk email folder?

Add news@dialogueltd.co.uk to your list of safe senders.



#### Who are we?

dialogue provides training, coaching & mentoring, consultancy, safeguarding audits and independent visiting services for children's homes, residential schools and supported living providers. We prefer to work closely with you to identify areas of need and devise bespoke packages that demonstrably improve the lives of young people in your care. Training for managers, residential workers and other staff includes supervision, safeguarding, care planning & analysis, recording and much more.

> <u>Click here</u> for more information. Copyright © 2023 dialogue Ltd, All rights reserved.

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