

Inspection Top Tips

Restrictions

February 2025



Children's Homes SCIFF

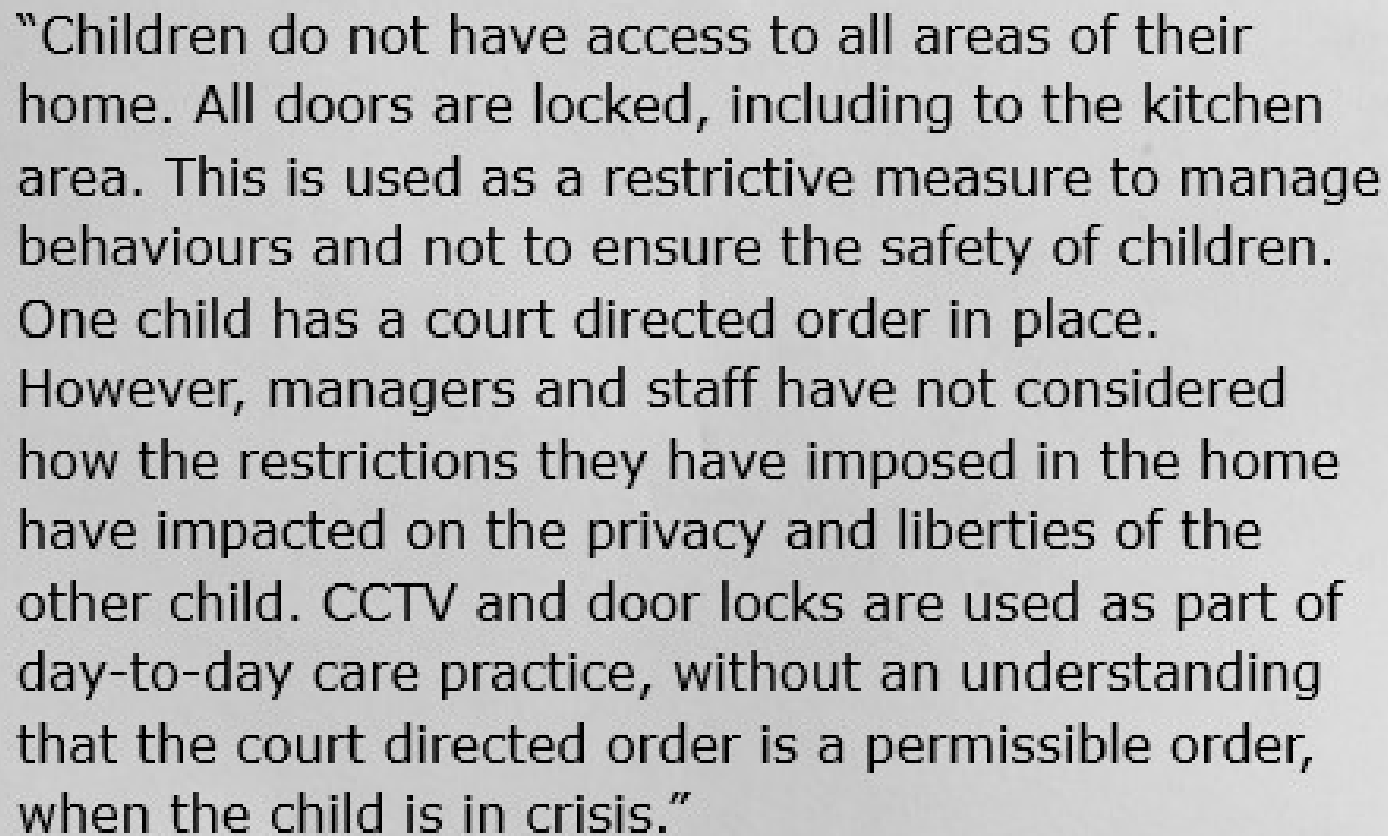
Children are treated with dignity & respect. There are no unnecessary restrictions in place around time with family, friends and other people who are important to them.

Restrictive practice is used only when necessary to protect the child and/or those around them and must be proportionate. All incidents are recorded, reviewed and monitored by leaders. The views of the child, dependent on their age and understanding, are sought and understood.

Ref: Positive environments where children can flourish

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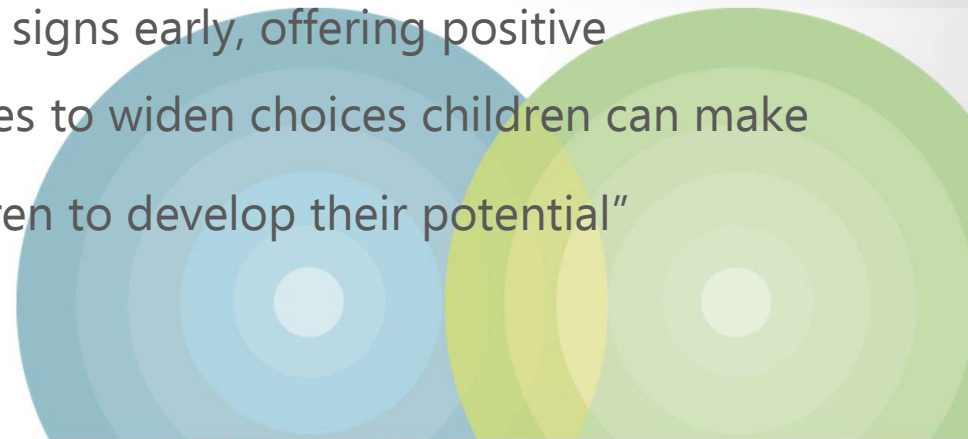




"Children do not have access to all areas of their home. All doors are locked, including to the kitchen area. This is used as a restrictive measure to manage behaviours and not to ensure the safety of children. One child has a court directed order in place. However, managers and staff have not considered how the restrictions they have imposed in the home have impacted on the privacy and liberties of the other child. CCTV and door locks are used as part of day-to-day care practice, without an understanding that the court directed order is a permissible order, when the child is in crisis."

Positive environments where children can flourish

- Staff understand children in context of their history
- Adults are skilled & confident in finding the best ways to keep children safe: ways that promote their rights, respect their dignity & help equip them for the future
- Ofsted will set out to **question and understand** any type of physical intervention or restriction, such as restrictions on movement and intrusive observations
- Effective assessments and plans, spotting the signs early, offering positive relationships, new experiences & opportunities to widen choices children can make
- “A risk-averse culture does not support children to develop their potential”



Is it legitimate?

Was it
necessary?

Was it
reasonable?

Was it
proportionate?

Was it the best
or only way to
respond?

What else has
been tried?

How has it
been
reviewed?

Has there been
progress?

Is it a 'blanket'
approach?

Positive environments where children can flourish

Do you...

- Involve children, parents and carers in reviewing practice
- train and develop staff so that they understand children's unique needs and how they communicate
- use positive approaches to supporting behaviour
- ensure effective reporting and reflective practice
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MCA & Deprivation of Liberty Safeguards

A course from dialogue for managers and staff of care settings to consider their obligations under the mental capacity act and what this means for children and young people in their care.

With case law having changed the landscape around mental capacity and deprivation of liberty significantly in recent years it is important that leaders and staff are aware of how their actions in relation to the young people in their care may result in decisions which come under the remit of mental capacity and may potentially be depriving a young person of their liberty. This course will provide an understanding of the law and its implications for decision making. [Read more ...](#)

[dates, venues and booking](#)

For information about when and where the next courses are



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